



ASOCIACIÓN CULTURAL  
SOL Y TIERRA

Co-funded by the  
Erasmus+ Programme  
of the European Union



yes to sustainability

# Youth Exchange GIGIE

Green and Inclusive Games for an Innovative Exchange

March 21st to 29th, 2026  
Rascafría, SPAIN 





# Project Overview

## Dates

Arrival: March 21st  
Project Dates: March 22nd to 28th  
Departure: March 29th

## Participants Profile

18 – 30 years old  
Group size : 4 participants plus one group leader  
(5 participants in total per country)

## Number of participants

20  
(5 for each involved country)

## Accommodation

Asociacion Roble Moreno  
Base Camp Hostel  
Rascafría, Spain

## Partners Organizations

- LinkYouth (IT)
- Alternative Education Academy (GE)
- Hives Project (GR)

## Hosting Organization

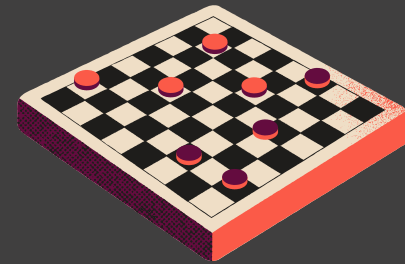
Asociación Cultural Sol y Tierra (ES)



# About the project (1)



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GIGIE is a KA-152 ERASMUS+ project focused on green games and creativity. The core activity is a youth exchange that will take place in Rascafría, Spain.



The purpose of GIGIE is to promote the use of play and creativity as effective learning tools to facilitate learning, social inclusion and emotional well-being of young people.



How?

Through a series of facilitated practical activities, the project will help you to develop innovative skills, improve collaboration and face daily challenges in a playful and constructive way.



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# About the project (2)



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The exchange activity includes non-formal education methods such as group and cooperative games, physical activities, learning-by-doing, open spaces for co-creation, artistic expression, listening and sharing in circles.

The activity will address topics related to sustainability, green gaming, communication, arts and creativity. There will also be moments of feedback, sharing of Erasmus+ values and the functionality of the YouthPass certificate, which will be issued to each participant.



Before and after the youth exchange, participants will be actively involved in online preparatory and follow-up meetings and some dissemination activities.



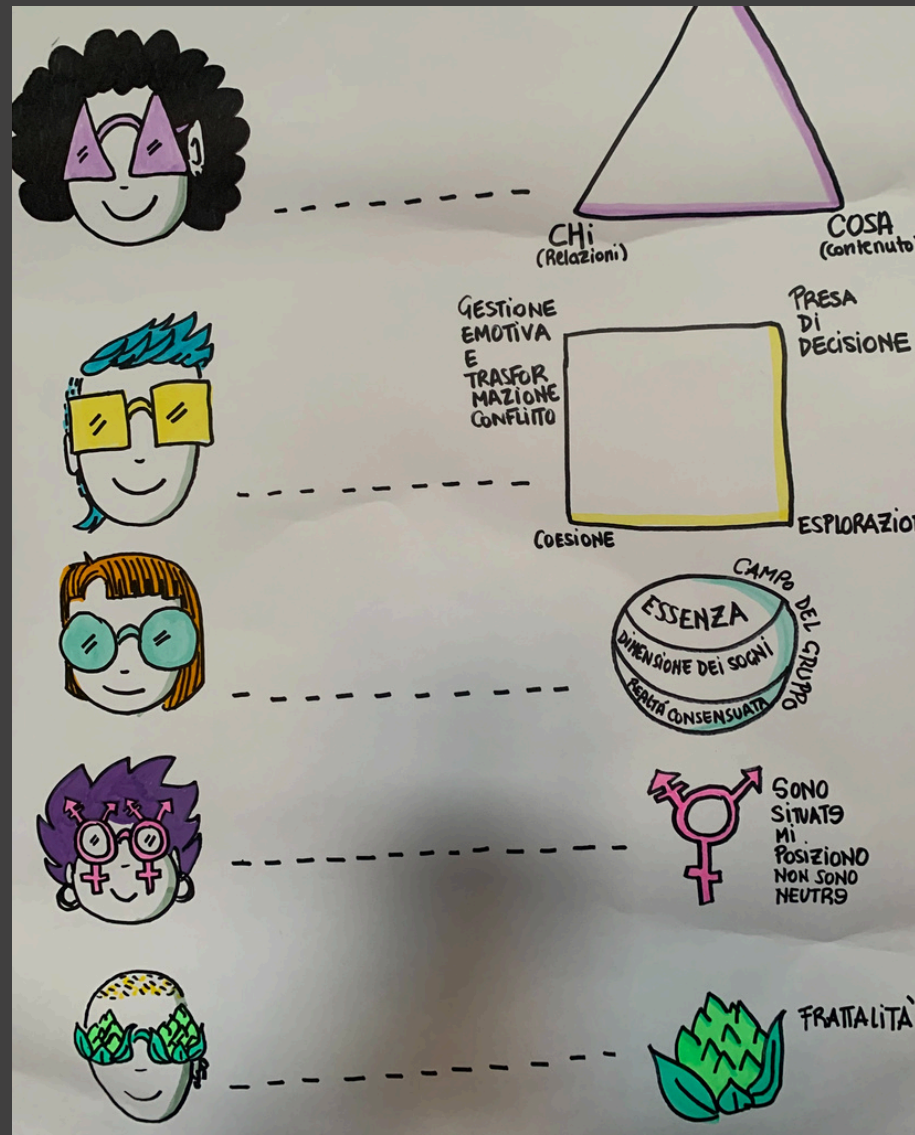
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# Project outcomes



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As a young participant, you will be empowered to:

- Develop transversal skills such as teamwork, critical thinking, problem-solving, and leadership.
- Increase intercultural awareness and establish connections with other young people.
- Improve your emotional well-being through playful and creative activities.
- Become an active, responsible, and engaged citizen at both the social and environmental levels.
- Understand play and creativity as powerful opportunities to experiment with innovative solutions to challenges in your daily life, within your social context, and on a global scale.



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# Facilitators

The facilitators will be Ape & Gigo.

**Ape** is a group facilitator with a passion for interactive and transformative games and former science teacher and researcher in the field of climate change.

**Gigo** is an expert facilitator in group dynamics and co-creation processes involved also in RIVE, the Italian Ecovillage Network.

Both use a creative approach in their work with young people, and their skills complement each other, creating a great facilitation team.



Ape

Gigo



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# Rascafría



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## The town

Rascafría is a small village in the Sierra de Guadarrama, about 100 kilometers north of Madrid and approximately 1,100 meters above sea level, nestled in the splendid Lozoya Valley, one of the natural jewels of the Madrid region.

## Surroundings

Rascafría is not far from the city of Madrid (reachable by bus) and is located in the natural and cultural wonders of the Sierra Norte, full of biodiversity, charming villages, and unique landscapes.

<https://www.sierranortemadrid.org/>





# Accommodation



## Base Camp Hostel

The hostel is located in Rascafría. It is a space dedicated to nature and community development, managed by the Roble Moreno Association.

## Roble Moreno

Roble Moreno Association has been working in the region on local development and environmental education projects for more than 18 years. Its purpose is to support the revitalization of the territory by generating projects that improves the quality of life in these small municipalities of the Sierra Norte.







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# Rules

## Rooms

Hostel has three large SHARED ROOM with a functional design based on double bunk beds.. The facilities (showers and toilets) are shared and located in common areas..

All rooms have lockers and windows with mountain views



## Food

The meals will be VEGAN with some vegetarian options. If you have any special need regarding food or accommodation please let us know in the application form. The venue will provide 3 meals a day.



## Drugs policies

Concerning drugs we want to make clear that there is a no-drugs policy during all the exchange.



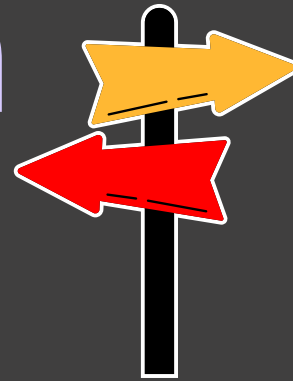
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# How to reach the venue?



Once you reach Madrid (by train, plane, car) take the Bus number 194 that departs from Plaza Castilla in Madrid and takes almost 2 hours.

Click here for [Timetable](#)

Address: Avenida del Valle 45  
28740

Rascafría – Madrid – Spain

## Costs



Food accommodation activities and transportation costs are covered by Erasmus+ program.

All travel documents and tickets must be saved in order to get the reimbursement.





# Travel Reimbursement Rules



Each participant will be reimbursed individually according to Erasmus+ guide. Limits stated above are maximum amount that can be reimbursed per individual. The travel costs will be refunded at the end of the project. Each participant will have to buy their own tickets and at the end of the activity, after having received all the travel documentation and receipts, travel costs will be refunded.

## GREEN TRAVEL



To reduce the project's environmental footprint, participants from Spain, Italy and Greece will be asked **TO AVOID FLYING FOR TRAVELING TO AND FROM THE YOUTH EXCHANGE ACTIVITY LOCATION**. Please make sure that you comply with this condition if you apply. Extra support will be given for travel days before and after the activity.

Total travel days per country: Spain 2, Georgia 2, Italy 4, Greece 4







# Travel Reimbursement Rules



COUNTRY	DISTANCE BAND (km)	BUDGET LIMIT (€) Green Travel (*)	BUDGET LIMIT (€) Non Green Travel
 Spain	10–99	56	/
 Italy	500–1999	417	/
 Greece	2000–2999	535	/
 Georgia	4000–7999	1188	1188

Travel expenses will be reimbursed after the project  
Note: Keep your tickets and boarding passes!

**\*Green Travel: travel with low-emissions means of transport**



# Hosting Organization



## Asociación Cultural Sol y Tierra (ES)

Sol y Tierra is an association with the objective of creating a learning space for sustainability in four areas: ecological, economic, social, and cultural, through training courses and artistic activities aimed at promoting a sustainable lifestyle. We are located in the Valdepiélagos Eco-village, a neighborhood where several cohousing initiatives with similar goals coexist.

[www.asociacionsolytierra.blogspot.com](http://www.asociacionsolytierra.blogspot.com)

COUNTRY







## **YES TO SUSTAINABILITY**

The project GIGIE was created with the support of Yes to Sustainability (YTS), which is a network of young people and youth workers whose aim is to open the doors of ecovillages and sustainable initiatives in Europe to young people and create transformative learning opportunities.

Aiming for a world in which young people are empowered to create resilient communities, contribute to regenerative cultures, and take care of the planet, focusing on SUSTAINABILITY, EMPOWERMENT, LEARNING and COMMUNITY BUILDING.

<https://yestosustainability.org/>





# Ready to play with us? Join the project!



Application form  
[\(CLICK HERE\)](#)

**DEADLINE: January 11th 2026**

We are seeking young people with the following profile:

- Aged 18–30
- Resident in Georgia, Greece, Italy or Spain
- Interested in games and creativity as tools for personal growth and problem-solving
- Sensitive to environmental issues and willing to find creative solutions to 21st century problems
- Eager to get involved in exploring various playful activities, stepping out of their comfort zone
- Willing to share spaces with other participants from different cultures and backgrounds
- Willing to engage in the project's preparatory and dissemination activities
- Proficient in English, allowing them to speak fluently

Our goal is to bring together people with diverse backgrounds. Therefore, in the selection process, we will pay attention to also reaching PARTECIPANTS WITH FEWER OPPORTUNITIES.





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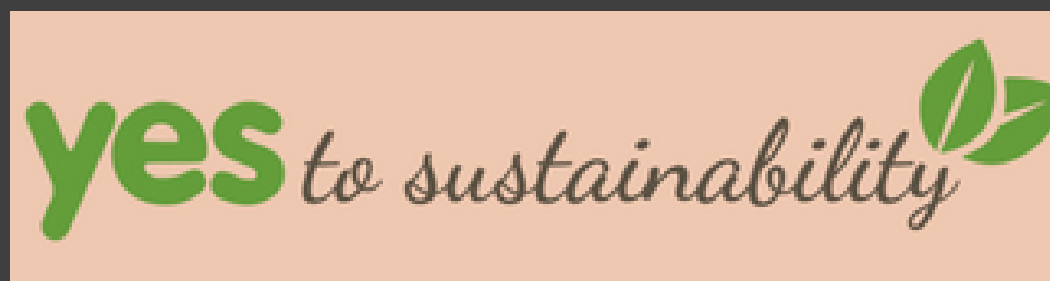


# Contacts



Pas & Gigo

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